MIDDLE BEACH LODGE

Menu

At the Headlands

MIDDAY FARE SERVED BETWEEN 11:30 AM - 2 PM

Soups & Salads

SOUP OF THE DAY $13
with 2 Homemade Milk Buns

TOFINO SEAFOOD CHOWDER $18
with 2 Homemade Milk Buns

CLASSIC CAESAR SALAD $18

HOUSE GREENS $17

Sandwiches & Light Fare

ROASTED TURKEY & BRIE SANDWICH $16
Tender roasted turkey, creamy brie, cranberry jam, and fresh arugula, grilled to perfection on rustic ciabatta. A comforting West Coast favourite that brings together rich, savoury flavours with just a touch of sweetness.

PACIFIC SMOKED SALMON & CREAM CHEESE $16
BC smoked salmon layered with herb cream cheese, crisp cucumber, pickled red onion, and fresh arugula on wholesome multigrain bread. A true taste of the Pacific Coast that's light, fresh, and full of local character.

APPLE & CHEDDAR (Vegetarian) $13
Crisp apple slices, aged BC cheddar, honey mustard, and fresh arugula grilled on multigrain bread. A delightful balance of sweet and savoury that celebrates some of British Columbia's finest local ingredients.

Boards & Shared Plates

CHARCUTERIE & CHEESE BOARD $30

Sweet Finish

DAILY DESSERT FEATURE $8

Menus are subject to change without notice.

MIDDLE BEACH LODGE

Menu

At the Headlands

EVENING FARE SERVED BETWEEN 4 PM - 8:30 PM

Soups & Salads

GREEN SALAD (GF) $17
Goat cheese, Spiced Pecans, Beets and Red Onion Vinaigrette

TOFINO SEAFOOD CHOWDER with 2 Homemade Milk Buns $18

SOUP OF THE DAY with 2 Homemade Milk Buns $14

SOUP or CHOWDER & SALAD COMBO $20 / $23

Light Fare, Boards & Shared Plates

MARGARITA FLATBREAD $25
Fresh Mozza, Basil, Tomatoes, Arugula & Balsamic Olive Oil Drizzle

PROSCIUTTO FLATBREAD $25
Prosciutto, Red Onion, Banana Peppers, Roasted Garlic & Arugula

SALMON TACOS (2) $25
Citrus Slaw (Cabbage, Red Onion, Bell Peppers), Seared Salmon & Chili Aioli. Served with Side Salad

TUNA STEAK NICOISE SALAD (GF) $25
Seared Tuna Steak, Baby Potatoes, Green Beans, Tomatoes, Orange Vinaigrette & Olive Tapenade

CHARCUTERIE & CHEESE BOARD $30
Selection of Cured Meats & Cheeses, Dried Fruit, Mixed Nuts, Crackers, Gherkins, Honey & Dijon

Sweet Finish

DAILY DESSERT FEATURE $8

Late Night Menu

After 8:30 pm
Until Bar Closes

Soup of the Day $10
Seafood Chowder $18
Nuts & Olives $10
Chips & Dip $10
Charcuterie Board $30
Daily Feature Dessert $8

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